

# Have fun and be safe!

## Hiker Responsibility Code

**With knowledge and gear.** Become self-reliant by learning about the terrain, conditions, local weather and your equipment before you start.

**To leave your plans.** Tell someone where you are going, the trails you are hiking, when you'll return and your emergency plans.

**To stay together.** When you start as a group, hike as a group, end as a group. Pace your hike to the slowest person.

**To turn back.** Weather changes quickly in the mountains. Fatigue and unexpected conditions can also affect your hike. Know your limitations and when to postpone your hike. The mountains will be there another day.

**For emergencies.** Even if you are headed out for just an hour, an injury, severe weather or a wrong turn could become life threatening. Don't assume you will be rescued; know how to rescue yourself.

**To share the hiker code** with others.

Additional resources for hiking preparation, including how to plan your trip and what to know if you're hiking with children or a group, can be found at [www.hikesafe.com](http://www.hikesafe.com).

## About Us

The Bethlehem Conservation Commission is a town-appointed volunteer committee dedicated to preserving and protecting both the natural resources and scenic beauty of Bethlehem, NH.

## Contact Us

### Email:

[bethlehemnhconservation@gmail.com](mailto:bethlehemnhconservation@gmail.com)

**Web:** [www.bethlehemnh.org/boards-committees/conservation-commission/](http://www.bethlehemnh.org/boards-committees/conservation-commission/)

### Facebook:

[www.facebook.com/Bethlehem-Conservation-Commission-1712663652288438/](https://www.facebook.com/Bethlehem-Conservation-Commission-1712663652288438/)

## Interested in Volunteering?

If you are a town resident and interested in conservation and environmental stewardship, the Conservation Commission may be the place for you. With seven full voting members and an unlimited number of alternates, the BCC is charged with managing the Bethlehem Town Forest. It also reviews wetland permits and organizes the annual roadside clean up. For more information email [bethlehemnhconservation@gmail.com](mailto:bethlehemnhconservation@gmail.com).



  
**Just Be  
a Trailblazer.**  
Bethlehem, NH

**Bethlehem  
Hiking and  
Recreational  
Trails**

*Bethlehem, NH*

**Bethlehem Conservation Commission**



## Middle and North Sugarloaf Mountains

<https://www.fs.usda.gov/recrea/whitemountain/recreation/hiking/recrea/?recid=74735&actid=50>

### Hiking Trail

Trails are within the White Mountain National Forest.

Trailhead is on Zealand Road in Carroll, NH (summits are in Bethlehem). Zealand Road leaves the west side of Rt. 302, which is 2.2 miles east of Rt. 3. Parking is one mile down, on the right.



## Bethlehem Trails Association

[www.bethlehemtrails.org/trails](http://www.bethlehemtrails.org/trails)

### Mountain Biking Trails

Trails are on public and private lands, in partnership with BTA.

**Downtown Trail:** A 3-mile trail winding through downtown Bethlehem. Access these trails from Elm St.

**Trudeau Road Loop:** Thanks to support from the White Mountain National Forest, BTA has cleared a double track loop off of Trudeau Road.



## Profile Rail Trail

[www.nhstateparks.org/visit/recreational-rail-trails/profile-recreational-rail-trail](http://www.nhstateparks.org/visit/recreational-rail-trails/profile-recreational-rail-trail)

### Hiking or Biking Trail

The Profile Recreational Rail Trail can be accessed off either Muchmore Road or Trudeau Rd. It connects Route 3 to Route 302. It is a snowmobile trail in the winter.



## Mount Agassiz

### Hiking Trail

Trail is on private land.

**Directions:** From the center of town, the Mount Agassiz Trail is on the left just before 577 Agassiz St. There is a small parking area and a paved trail up to the top of the mountain. No motorized vehicles are permitted.



## The Rocks Estate

[www.therocks.org](http://www.therocks.org)

### Hiking Trails

Trails are managed by the Society for the Protection of NH Forests.

**Directions:** From Interstate-93 take exit 40, Route 302 East for .5 miles. Turn right after the Rocks sign. Maps are available at the information kiosk.



## Bethlehem Town Forest

The Bethlehem Conservation Commission is planning trail development.

**Directions:** The Town Forest can be accessed off Prospect Street, about 1 mile from Rt. 302 on the right. The forest is open to the public and non-motorized vehicles. (Hunting is prohibited).



## Bretzfelder Memorial Park

[www.therocks.org/bretzfelder.php](http://www.therocks.org/bretzfelder.php)

### Hiking Trails

Trails are managed by the Society for the Protection of NH Forests.

**Directions:** From Interstate-93, take Exit 40. Follow Route 302 East for 3 miles, then turn left onto Prospect St. Bretzfelder Park is approximately 1 mile down on Prospect, on the left.

**\*Please note:** The trails and lands identified in this brochure are owned by both public and private individuals. Various organizations manage the recreational trails. Please contact them directly for more information. Use at your own risk.

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