



**#WEEK
WITHOUT
DRIVING**



**WALK & ROLL
TO SCHOOL DAY**

OCTOBER 2-8, 2023

OCTOBER 4, 2023

WHAT IF TAKING THE BUS, RIDING A BIKE, WALKING OR ASKING FOR RIDES WEREN'T A CHOICE YOU COULD MAKE, BUT A NECESSITY?

If you can drive, and can afford a car, this isn't something you think about. But for nearly a quarter of people in our country- people with disabilities, young people, seniors and people who can't afford cars or gas- this is our every day.

JOIN THE CHALLENGE

HOW DOES IT WORK?

Participants can get around however they want, but can't drive themselves. This applies to *all* activities. You can ask someone else to drive you or pay for rides, but note how much this costs you, both financially or in favors. **Try it for a day, or the whole week!**

Participating in **Walk & Roll to School Day** could be a great opportunity to see how students in your district get to school.

Note: *Having to drive during the challenge does not signify failure*, the goal is to consider how someone without that option would have coped, and what choices they might have made.



Challenge Sign Up

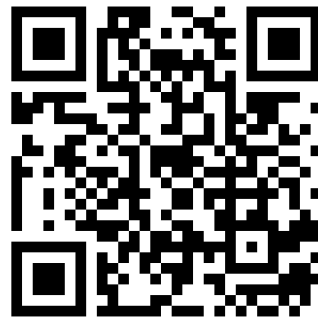
In 2021, the Disability Mobility Initiative launched the **#WeekWithoutDriving** to challenge our leaders and decision makers to better understand the barriers non-drivers experience in accessing our communities.

Learn more about the challenge:

AMERICAWALKS.ORG/CAMPAIGNS/NATIONAL-WEEK-WITHOUT-DRIVING/



OCTOBER 2-8, 2023

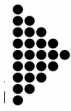


Challenge Sign Up

**NOT POSSIBLE TO GET AROUND WITHOUT A CAR?
TRY ONE OF THESE ALTERNATIVE ACTIVITIES.
YOU CAN STILL JOIN THE CHALLENGE AND SHARE YOUR
EXPERIENCE WITH US.**



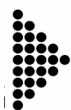
Walk, bike, or scoot to the nearest school to see how students might get there independently. Many schools will be participating in *Walk & Roll to School Day* on October 4- look for events near you!



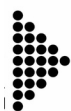
Reflect on how your ability to drive impacts your freedom to choose where you live. If you couldn't drive, how would this affect your opportunities for work and civic engagement?



Take a walk or bike ride around your neighborhood to get some exercise. How does it feel? Do you see any obstacles that would make it difficult for someone with a mobility challenge to get around? How do conditions change after dark?



Would it be possible for someone in your neighborhood to "age in place"? Would they be able to remain independent if they could no longer drive?



Did you know many communities in the Granite State offer on-demand transit services? Check nh.gov/dot/programs/scc/rcc.htm and request a ride to run an errand, such as grocery shopping or going to the bank.

Share your reflections on social media
using **#WeekWithoutDriving**

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